



Cestovní deník



Mapa časových pásem







Přehled zásuvek

Type A – used in, among others, North and Central America and Japan



Type B – used in, among others, North and Central America and Japan



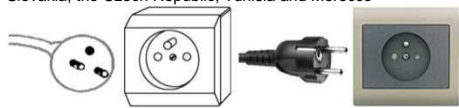
Type C – used in all countries of Europe except the United Kingdom, Ireland, Cyprus and Malta



Type D – used almost exclusively in India, Sri Lanka, Nepal and Namibia



Type E – primarily used in France, Belgium, Poland, Slovakia, the Czech Republic, Tunisia and Morocco



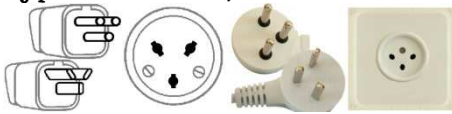
Type F – used in, among others, Germany, Austria, the Netherlands, Sweden, Norway, Finland, Portugal, Spain and Eastern Europe



Type G – mainly used in the United Kingdom, Ireland, Cyprus, Malta, Malaysia, Singapore and Hong Kong



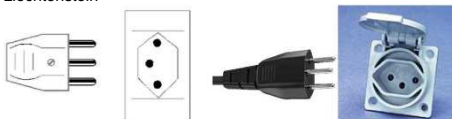
Type H – used exclusively in Israel



Type I – mainly used in Australia, New Zealand, Papua



Type J – used almost exclusively in Switzerland and Liechtenstein



Type K – used almost exclusively in Denmark and Greenland



Type L – used almost exclusively in Italy and randomly found throughout North Africa



Type M – used almost exclusively in South Africa, Swaziland and Lesotho



* In Brazil there is no standard voltage. Most states use 127 V electricity (Acre, Amapá, Amazonas, Espírito Santo, Mato Grosso do Sul, Maranhão, Pará, Paraná, Rondônia, Roraima, Sergipe and Minas Gerais). Other – mainly northeastern – states are on 220 V (Alagoas, Brasília, Ceará, Mato Grosso, Goiás, Paraíba, Rio Grande do Norte, Santa Catarina and Tocantins). Although in most parts of the states of Bahia, São Paulo, Rio de Janeiro and Rio Grande do Sul 127 V is used, the cities of Santos, Jequié, Jundiá, São Bernardo do Campo, Novo Fribur-

go, Bagé, Caxias do Sul and Pelotas run on 220 V. The states of Pernambuco and Piauí use 220 V, except for the cities of Paulista and Teresina (127 V). ** Although the mains voltage in Japan is the same everywhere, the frequency differs from region to region. Eastern Japan uses predominantly 50 (Tokyo, Kawasaki, Sapporo, Yokohama, Sendai), whereas Western Japan prefers 60 (Osaka, Kyoto, Nagoya, Hiroshima). *** Saudi Arabia uses 110 V in many parts of the country, such as the Dammam and al-Khobar area (situated in the eastern province of Ash Sharqiyah). 220 V can be commonly found as well, especially in hotels.

**** In Tahiti the frequency is 60, except for the Marquesas archipelago where it is 50.



COUNTRY	TYPE	VOLTAGE	Hz
Afghanistan	C/F	220	50
Albania	C/F	230	50
Algeria	C/F	230	50
American Samoa	A/B/F/I	120	60
Andorra	C/F	230	50
Angola	C	220	50
Anguilla	A	110	60
Antigua	A/B	230	60
Argentina	C/I*	220	50
Armenia	C/F	230	50
Aruba	A/B/F	120	60
Australia	I	240	50
Austria	C/F	230	50
Azerbaijan	C/F	220	50
Azores	B/C/F	230	50
Bahamas	A/B	120	60
Bahrain	G	230	50
Balearic Islands	C/F	230	50
Bangladesh	C/D/G/K	220	50
Barbados	A/B	115	50
Belarus	C/F	220	50
Belgium	E	230	50
Belize	B/G	110/220	60
Benin	E	220	50
Bermuda	A/B	120	60
Bhutan	D/F/G	230	50
Bolivia	A/C	230	50
Bosnia & Herzegovina	C/F	230	50
Botswana	D/G	230	50
Brazil	A/B/C/I	127/220*	60
Brunei	G	240	50
Bulgaria	C/F	230	50
Burkina Faso	C/E	220	50
Burundi	C/E	220	50
Cambodia	A/C/G	230	50
Cameroon	C/E	220	50
Canada	A/B	120	60
Canary Islands	C/E/L	230	50
Cape Verde	C/F	230	50
Cayman Islands	A/B	120	60
Central African Rep.	C/E	220	50
Chad	D/E/F	220	50
Channel Islands (Guernsey & Jersey)	C/G	230	50
Chile	C/L	220	50
China	A/C/I	220	50
Colombia	A/B	110	60
Comoros	C/E	220	50
Congo, People's Rep. of	C/E	230	50
Congo, Dem. Rep. of (formerly Zaire)	C/D	220	50
Cook Islands	I	240	50
Costa Rica	A/B	120	60
Côte d'Ivoire (Ivory Coast)	C/E	220	50
Croatia	C/F	230	50
Cuba	A/B/C/L	110/220	60
Cyprus	G/F**	230	50
Czech Republic	E	230	50
Denmark	C/E/K	230	50
Djibouti	C/E	220	50
Dominica	D/G	230	50
Dominican Rep.	A/B	120	60
Lithuania	C/F	230	50

COUNTRY	TYPE	VOLTAGE	Hz
East Timor	C/E/F/I	220	50
Ecuador	A/B	110	60
Egypt	C/F	220	50
El Salvador	A/B/C/D/E/F/G/I/J/L	115	60
Equatorial Guinea	C/E	220	50
Eritrea	C/L	230	50
Estonia	C/F	230	50
Ethiopia	C/F	220	50
Faeroe Islands	C/K	230	50
Falkland Islands	G	240	50
Fiji	I	240	50
Finland	C/F	230	50
France	E	230	50
French Guyana	C/D/E	220	50
Gabon	C	220	50
Gambia	G	230	50
Gaza	H	230	50
Georgia	C/F	220	50
Germany	C/F	230	50
Ghana	D/G	230	50
Gibraltar	C/G	230	50
Greece	C/F	230	50
Greenland	C/K	230	50
Grenada (Windward Islands)	G	230	50
Guadeloupe	C/D/E	230	50
Guam	A/B	110	60
Guatemala	A/B/G/I	120	60
Guinea	C/F/K	220	50
Guinea-Bissau	C	220	50
Guyana	A/B/D/G	240	60
Haiti	A/B	110	60
Honduras	A/B	110	60
Hong Kong	G	220	50
Hungary	C/F	230	50
Iceland	C/F	230	50
India	C/D/M	230	50
Indonesia	C/F	230	50
Iran	C/F	230	50
Iraq	C/D/G	230	50
Ireland (Eire)	G	230	50
Isle of Man	C/G	230	50
Israel	H/C	230	50
Italy	C/F/L	230	50
Jamaica	A/B	110	50
Japan	A/B	100	50/60**
Jordan	C/D/F/G/J	230	50
Kenya	G	240	50
Kazakhstan	C/F	220	50
Kiribati	I	240	50
Korea, North	A/C	110/220	60
Korea, South	A/B/C/F	110/220	60
Kuwait	C/G	240	50
Kyrgyzstan	C/F	220	50
Laos	A/B/C/E/F	230	50
Latvia	C/F	230	50
Lebanon	C/D/G	230	50
Lesotho	M	220	50
Liberia	A/B	120	60
Libya	D/F	127/230	50
Liechtenstein	J	230	50
Rwanda	C/J	230	50











Luxembourg	C/F	230	50
Macau	D/G	220	50
Macedonia	C/F	230	50
Madagascar	C/D/E/J/K	127/220	50
Madeira	C/F	230	50
Malawi	G	230	50
Malaysia	G	240	50
Maldives	D/G/J/K/L	230	50
Mali	C/E	220	50
Malta	G	230	50
Martinique	C/D/E	220	50
Mauritania	C	220	50
Mauritius	C/G	230	50
Mexico	A	127	60
Micronesia, Federal States of	A/B	120	60
Moldova	C/F	230	50
Monaco	C/D/E/F	230	50
Mongolia	C/E	230	50
Montenegro	C/F	230	50
Montserrat (Leeward Islands)	A/B	230	60
Morocco	C/E	220	50
Mozambique	C/F/M	220	50
Myanmar (formerly Burma)	C/D/F/G	230	50
Namibia	D/M	220	50
Nauru	I	240	50
Nepal	C/D/M	230	50
Netherlands	C/F	230	50
Netherlands Antilles	A/B/F	127/220	50
New Caledonia	F	220	50
New Zealand	I	240	50
Nicaragua	A	120	60
Niger	A/B/C/D/E/F	220	50
Nigeria	D/G	230	50
Norway	C/F	230	50
Oman	C/G	240	50
Pakistan	C/D	230	50
Palau	A/B	120	60
Panama	A/B	110	60
Papua New Guinea	I	240	50
Paraguay	C	220	50
Peru	A/B/C	220	60
Philippines	A/B/C	220	60
Poland	C/E	230	50
Portugal	C/F	230	50
Puerto Rico	A/B	120	60
Qatar	D/G	240	50
Réunion Island	E	230	50
Romania	C/F	230	50
Russian Federation	C/F	220	50





St. Kitts and Nevis (Leeward Islands)	D/G	230	60
St. Lucia (Windward Islands)	G	230	50
St. Vincent (Windward Islands)	A/C/E/G/I/K	230	50
Samoa	I	230	50
San Marino	F/L	230	50
Saudi Arabia	A/B/C/G	110/220***	60
Senegal	C/D/E/K	230	50
Serbia	C/F	230	50
Seychelles	G	240	50
Sierra Leone	D/G	230	50
Singapore	G	230	50
Slovakia	E	230	50
Slovenia	C/F	230	50
Somalia	C	220	50
South Africa	D/M***	230	50
Spain	C/F	230	50
Sri Lanka	D/G/M	230	50
Sudan	C/D	230	50
Suriname	C/F	127	60
Swaziland	M	230	50
Sweden	C/F	230	50
Switzerland	J	230	50
Syria	C/E/L	220	50
Tahiti	C/E	220	50/60****
Tajikistan	C/F	220	50
Taiwan	A/B	110	60
Tanzania	D/G	230	50
Thailand	A/B/C	220	50
Togo	C	220	50
Tonga	I	240	50
Trinidad & Tobago	A/B	115	60
Tunisia	C/E	230	50
Turkey	C/F	230	50
Turkmenistan	C/F	220	50
Turks and Caicos Islands	A/B	120	60
Uganda	G	240	50
Ukraine	C/F	230	50
United Arab Emirates	G	240	50
United Kingdom	G	230	50
United States of America	A/B	120	60
Uruguay	C/F/I/L	220	50
Uzbekistan	C/F	220	50
Venezuela	A/B	120	60
Vietnam	A/C/G	220	50
Virgin Islands	A/B	110	60
Yemen, Rep. of	A/D/G	230	50
Zambia	C/D/G	230	50
Zimbabwe	D/G	240	50







Piktogramy





Autobus	Autoservis	Bankomat	Benzínová pumpa
Bus	Car service	ATM	Gas/Petrol Station
			





E-mail	Fotografování	Golf	Hasiči
E-mail	Take a picture	Golf	Firefighter, Fireman
			





Hotel	Hory	Infocentrum	Internet
Hotel	Mountain	Tourist/Visitor information	Internet
			



Kemp	Koupaliště	Lanovka	Letiště
Camp site	Swimming pool	Cablecar	Airport
			



Lyžování	Metro	Obchod	Parkování
Skiing	Metro, Subway	Shop, Supermarket	Car parking
			

Pláž	Policie	Pošta	Přístav
Beach	Police	Post office	Port
			

Restaurace	Směnárna	Taxi	Telefon
Restaurant	Money Exchange office	Taxi	Phone, telephone
			

Toalety, WC	Vlak		
Toilet, restroom, lavatory, bathroom	Train, Railway		
			



Itinerář cesty

A series of horizontal dotted lines for writing, consisting of 20 rows of evenly spaced dots.



A series of horizontal dotted lines for handwriting practice, consisting of 20 rows of evenly spaced dots.



A series of horizontal dotted lines for handwriting practice, spaced evenly down the page.



A series of horizontal dotted lines for handwriting practice, spaced evenly down the page.



Plánovaný rozpočet

A series of horizontal dotted lines for writing.



Itinerář letů

Odlet:	Datum:	Čas:	Letiště:
Přílet:	Datum:	Čas:	Letiště:
Číslo letu:	Letecká společnost:		
Poznámky:			

Odlet:	Datum:	Čas:	Letiště:
Přílet:	Datum:	Čas:	Letiště:
Číslo letu:	Letecká společnost:		
Poznámky:			

Odlet:	Datum:	Čas:	Letiště:
Přílet:	Datum:	Čas:	Letiště:
Číslo letu:	Letecká společnost:		
Poznámky:			



Odlet:	Datum:	Čas:	Letiště:
Přílet:	Datum:	Čas:	Letiště:
Číslo letu:		Letecká společnost:	
Poznámky:			

Odlet:	Datum:	Čas:	Letiště:
Přílet:	Datum:	Čas:	Letiště:
Číslo letu:		Letecká společnost:	
Poznámky:			

Odlet:	Datum:	Čas:	Letiště:
Přílet:	Datum:	Čas:	Letiště:
Číslo letu:		Letecká společnost:	
Poznámky:			



Důležité kontakty

A series of horizontal dotted lines for writing contact information.



Balení

A series of horizontal dotted lines for handwriting practice, consisting of 20 rows of evenly spaced dots.



Trasa cesty



Vyznač zemi nebo země, do kterých se chystáš, naznač trasu letu nebo cesty po zemi.





Den:	Datum:	Počasí:  °C
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Handwriting practice area consisting of multiple horizontal rows of dotted lines on a white background.



A series of horizontal dotted lines for handwriting practice, spaced evenly down the page.